

# Poseidon Menu 3 Course Menu £24.95

Available for lunch & Dinner from Thursday 12<sup>th</sup> April till Friday 20<sup>th</sup> April

## Starter

### **Fish Roulade**

Roulade of salmon, prawn, sole, sea-bass and sea weed bound with a fish mousse served cold with yoghurt and chive dressing.

### **Blue Cheese, Grapes and Pecan Nut Salad GF**

Rocket and chicory endive salad topped with Cheese, Grapes and caramalized pecan nut

### **Liver Pate can be GF**

Smooth pate served with chutney and Melba toast

### **Antoin's Gravavlax GF**

Salmon marinated with lemon, dill pepper and mustard cut thinly

### **Egg Florentine GF**

Soft Poached egg served on a bed of spinach finished with a cheese béchamel sauce

### **Water Cress Soup can be GF**

Finished with cream and croutons

## Main Course

### **Bouillabaisse Can be GF**

Fish stew of salmon, prawns, sea bass white fish flavoured with garlic, onion and tomatoes served piping hot with rouille, garlic croutons and grated cheese

### **Fricassée of Scallops, Prawn, Calamari and Wild Mushrooms GF**

Fresh scallops and diced squid pan fried with wild mushrooms, garlic, onion and parsley butter

### **Sole and Salmon Trellis GF**

Filet of salmon and Sole in trellis served with a champagne sauce

### **Rouget Grillé with Pernod GF**

Filets of red mullet with fennel grilled, then flambé with Pernod and served with lemon

### **Mille Feuilles of Haddock and Spinach**

Fresh and smoked haddock poached in milk and served with layers of thin puff pastry and wilted spinach with a horse radish sauce

### **Grilled Lamb Chop GF**

Boneless lamb chop Grilled served with rosemary gravy

### **Asparagus and stilton Melt GF**

Fresh asparagus, walnut and cherry tomatoes topped with crème fraiche flaked stilton and baked

## Dessert

### **Poire Belle Hélène GF**

Vanilla ice cream topped with poached pear, hot chocolate sauce and toasted almonds

### **Bread & Butter Pudding**

Served hot with custard

### **Banana Cake**

Banana cake flavoured with rum and served rum sauce

### **Cherry and Almond Tart**

Served with Cream

### **Antoine Homemade Sorbet GF**

Add a scoop of Ice cream for £1.50

**FOOD ALLERGIES and INTOLERANCES**

Please speak to our staff about the ingredients in your meal, when making your order. Thank you.