

Poseidon Adventure

3 course menu £24.95 available at Lunch and Dinner

Thursday 11th April till Friday 19th April (Good Friday)

--0-- Starter--0--

Mushroom Soup can be GF

Finished with pickle mushrooms

or

Fish Roulade GF

Roulade of salmon, prawn, sole, sea-bass and sea weed bound with a fish mousse served cold with yoghurt and chive dressing

or

Roast Sweet Pepper & Brie Tart

Mixed pepper and cheese quiche served hot with a tomato and cumin sauce

or

Duck, Chicken and Sour Cherry Terrine can be GF

Served with toasted sour dough bread and pickle

or

Frivolity of Avocado and Prawns GF

Large prawns, smoked salmon, and avocado mousse flavoured with lime and dill salmon served with lemon

--0-- Main Course --0--

Filet of Seabream with Samphire GF

Poached sea bream on a bed of Samphire served with a lemon & parsley butter sauce

or

Crab Fish Cakes GF

Local Crab cakes flavoured with lemon grass and chilli pan fried and served with a Thai chilli dressing

or

Panache of Seafood GF

Fresh selection of seafood served with a champagne & dill sauce

or

Red Mullet with Fennel GF

Filet of Red mullet roasted with fennel flavoured with Ricard served with lemon

or

Salmon and Halibut parcel

Filet of Salmon and Halibut with cream cheese and spinach wrapped in filo & Served with a saffron sauce

or

For the meat Lover

Chicken with Honey and Dijon GF

Breast of Chicken pan roasted with honey, garlic, Mustard and a hint of curry

--0-- Dessert--0--

Eton Mess GF

Red berries, whipped cream & crushed meringue

or

Passion Fruit and Coconut Crème Brulée GF

or

Chocolate & Mint After Dinner Mousse GF

Chocolate mousse flavoured with coffee and fresh mint

or

French Apple Tart

Served with Calvados sorbet

or

Hazelnut Nougat Glacé GF

Served with apricot coulis

or

Antoine's Ice Cream & Sorbets GF